

New Heights Charter School
Assessment on the Implementation of the Local School Wellness Policy and
Annual Review
March 2021

As stated in the school's Wellness Policy, the Governing Board reviews the school's status in meeting the Wellness Policy goals.

- 1. Recommendations for improving the delivery and cost effectiveness of food services.**
 - a. At the launch of each school year, the Food Director and office manager in charge of enrollment meets regularly to determine adequate numbers of meals to be ordered.
 - b. Throughout the school year, the Food Director instituted more consistency in checking the numbers of students eating lunch each day and revising the number of orders to ensure the school does not order too many extra lunches.

- 2. Assist the Director of Child Nutrition Services in the development and implementation of the Outreach and Promotion Marketing plan.**
 - a. The outreach and marketing strategies for the program have been successful to date, so the recommendation is to continue marketing through the multiple family orientations prior to the start of each school year.

- 3. Recommend to the Governing Board strategies to eliminate potentially harmful food additives and processes, and to increase the amount of fresh, local produce offered through the School Meal Program.**
 - a. The school's choice of food vendor is based on this goal and the school is satisfied with the vendor's efforts in this area.

- 4. Solicit student preferences through taste tests, surveys, and interviews, and through student participation on the school Wellness Committee.**
 - a. Food staff consistently solicit student input regarding taste preferences.
 - b. The food vendor offers taste tests when introducing new items.
 - c. Students don't formally participate with the adults in the Committee, but their views are expressed through the lunch staff members.

Goals: Nutrition Education and Promotion

A review of the implementation of the Wellness Policy shows that the following policy goals are ***consistently met***:

- No student in New Heights goes hungry during school;

- An economically sustainable meal program makes available a healthy and nutritious breakfast, lunch, and after-school snack to every student at every school so that students are prepared to learn to their fullest potential;

Is New Heights in compliance with the Wellness Policy: YES

Overall Progress made toward attaining the goals of the Wellness Policy: Goals being MET (except for the reversal of approval for the garden on Upper Campus. Herbs have been planted as a back-up plan.)

The extent to which the Wellness Policy compares to a model Wellness Policy: The policy has many aspects of a model Wellness Policy, especially as it relates to regular PE and not having unhealthy food on campus or promoting unhealthy food. However, it lacks specifics in all sections.

Despite COVID-19, New Heights maintained its Food Program and supported families with resources regarding local food pantry's to ensure reduced food insecurity.